



BEAUTY TREATMENT  
PRICE LIST

# ASHMIRA BOTANICA SPA RITUALS

Our Ashmira Botanica Spa Rituals are based on the Chinese Ancient methodology of the 5 Element theory to create wellbeing and a healthy balance between mind, body and spirit. Good health is known to require harmony between each of the Five Elements: Earth, Metal, Wood, Fire and Water.

When one of those elements is out of balance it can effect the way you look and feel.

Using your own personal biorhythm our therapists will determine which elemental products are best for your treatment and then use the purest natural ingredients to soothe away your anxiety and leave you feeling more energised, rejuvenated and alive.



## INNER ZEN

**Meridian Body Massage | 60 minutes | £59**

Evolve feeling positive and energised from this full body massage which helps balance mind, body and spirit. Experience our sound bowl and chimes whilst absorbing beautiful essential oils to deeply relax you.

## HEAVENS FLOWER

**Five Elements Facial | 60 minutes | £59**

Your skin will be deeply cleansed and exfoliated to help instantly brighten your appearance. Our lymphatic drainage and acupressure massage will help to deeply relax you, followed by one of our Five Elements masks, cream and elixir chosen especially for you.



## INNER BLISS

**Meridian Body Massage with Full Body Exfoliation, foot soak and cacao drink | 90 minutes | £82**

Your journey will begin with a foot soak and cup of Cacao to drink. You will then be exfoliated with a blend of rice powder and aloe to remove dead skin cells and leave your skin smooth, soft and renewed. Finishing the treatment with a meridian body massage.

## ELEMENTAL BODY EXFOLIATION

**Full Body Skin Softening | 30 minutes | £40**

Your skin softening experience begins with a foot soak and head massage. Your skin is then buffed away with a blend of rice powder, aloe and your chosen elixir to help stimulate blood and lymph flow and leave your skin silky, smooth and radiant.

## PURE ALCHEMY



**Youth Boosting Facial incorporating all 5 Elements,  
back exfoliation, acupressure and meridian massage  
90 minutes | £82  
120 minutes | £97 includes foot soak and cacao drink**

Unwind with this luxurious facial and meridian and acupressure massage which helps to stimulate and balance your emotions. Our lymphatic drainage massage and crystal rollers help to remove toxins and leave your skin radiant and glowing.



# FACIALS

## Mini Moo Facial | 45 minutes | £46

Using the very popular Moo Goo product range, this facial will give your skin a boost with a double deep cleanse with hot steamed towels and then a gentle exfoliating treatment with salicylic acid enzymes to help give the skin a renewed radiance.

## Magical Moisture Drench Facial | 60 minutes | £52

This therapy incorporates deep cleansing , gentle skin buffing, a luxurious and decadent facial and neck and shoulder massage, a deeply relaxing head massage and then your skin will be nourished and layered with skin treatments to revitalise and nourish the skin. We will use hot steamed towels throughout and you will be warmed on our heated couch . Just the perfect facial and head therapy for ultimate peace and immediate skin replenishment. 60 minutes of pure heaven.



# SKINBASE MICRODERMABRASION

Get the skin you want! Microdermabrasion is a system of intense exfoliation and resurfacing using ultra fine crystals that rejuvenate the skin. This treatment is especially great for: ageing skin, stretch marks, acne, acne scars, pigmentation, blemishes, dull/dry skin, fine lines and wrinkles, open pores, blackheads and uneven skin tone.

The Facial 30 minutes £49

Course of 3 Facial treatments £135

Course of 6 Facial treatments £245

The Deluxe Facial 60 minutes £64

Course of 3 Deluxe Facial treatments £180

Course of 6 Deluxe Facial treatments £320



Patch tests required for Microdermabrasion if you have not had these treatments with us within the last 6 months

# MASSAGE

## Therapeutic Massage

Our therapeutic massage is a Swedish style massage and can be tailored towards your needs using either a light or firm pressure, concentrating on a particular area if that needs focussing on or just general relaxation.

30 minutes | £30

45 minutes | £42

60 minutes | £50



## Pregnancy Massage

This is a fully supportive treatment and a gentle pressure is applied throughout so it is safe for Mum and Baby with our fully qualified Pregnancy Massage Therapist.

Mini Moo Back Massage | 30 minutes | £34

Mini Moo and Me Full Body Massage | 60 minutes | £55

Beautiful Baby Moo Full Body Massage & Magical  
Moisture Drench Facial | 120 minutes | **£87**



# NAILS

Option to have OPI Gel colour or OPI Infinite Shine Regular polish

## **Maintenance Manicure | 30 minutes | £28**

Nail file and finish

## **Tidy Fingers Manicure | 45 minutes | £34**

Nail reshape, cuticle care and finish

## **Intensive Moisture Luxury Manicure | 60 minutes | £42**

Nail file, cuticle care, nourishing heated mitts, massage and finish

## **Tidy Toes Pedicure | 45 minutes | £34**

Foot soak, hard skin removal, nail reshape file, cuticle care and finish

## **Intensive Moisture Luxury Pedicure | 60 minutes | £42**

Foot soak, hard skin removal, nail file, cuticle care, nourishing heated booties and finish

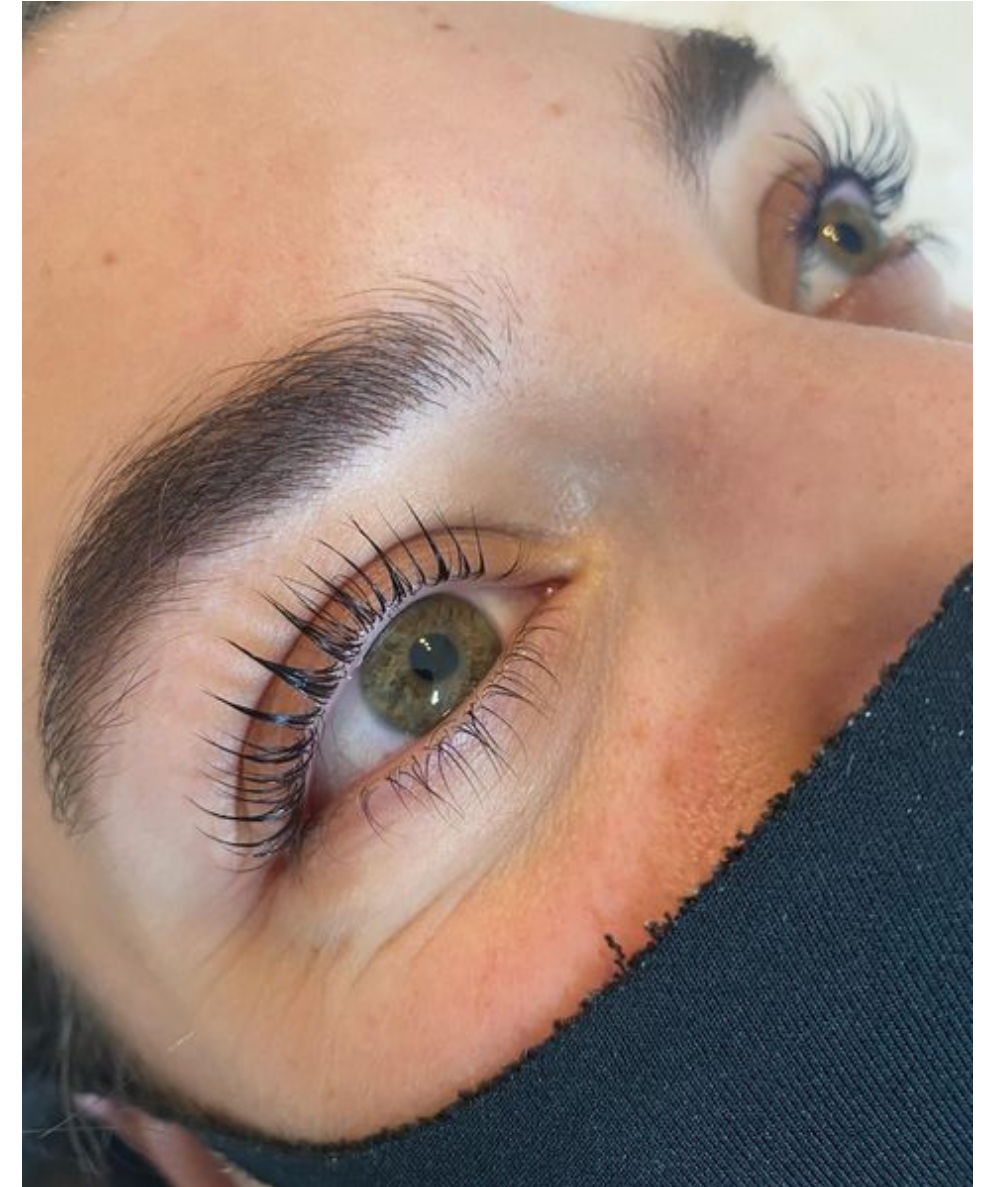
## **Gel polish removal | 30 minutes | £10**

Please bring flip flops when having a pedicure



## EYE TREATMENTS

Eyebrow tidy | 15 minutes | £12  
Eyebrow Reshape | 30 minutes | £14  
Eyebrow tint | 15 minutes | £12  
Eyebrow wax and tint | 30 minutes | £22  
Eyelash tint | 15 minutes | £18  
Eye Trio(Eyebrow wax, tint & Eyelash tint) | 45 minutes | £35  
Classic Lash Extensions | 90 minutes | £50  
Classic Eyelash infills | 60 minutes | £32  
Hybrid Eyelash Extensions | 180 minutes | £75  
Hybrid Eyelash infills | 120 minutes | £47  
Russian Volume Eyelash Extensions | 180 minutes | £75  
Russian Volume Eyelash infills | 120 minutes | £47  
Eyelash Lift & Tint | 45 minutes | £45



Patch tests required for Tinting, Eyelash Extensions and Lash, Lift & Tint if you have not had these treatments with us within the last 6 months

## WAXING

Half Leg Wax | 30 minutes | £25  
3/4 Leg Wax | 45 minutes | £28  
Full Leg Wax | 60 minutes | £32  
Bikini Wax | 30 minutes | £18  
Brazillian | 30 minutes | £25  
Hollywood (1st) | 60 minutes | £40  
Regular Hollywood | 45 minutes | £35  
Underarm | 15 minutes | £15  
Eyebrow tidy | 15 minutes | £12  
Eyebrow Reshape | 30 minutes | £14  
Lip | 15 minutes | £12  
Chin | 15 minutes | £12  
Lip & Chin | 30 minutes | £17  
Back | 30 minutes | from £30



## WAXING PACKAGES

Lip & Chin | 30mins | £17  
Lip, Chin & Eyebrows | 45mins | £27  
Half Leg & Bikini | 60mins | £35  
Full leg & Bikini | 90mins | £40  
Half Leg & Brazillian | 60mins | £40  
Full Leg & Brazillian | 90mins | £50  
Half Leg & Hollywood | 75mins | £50  
Full Leg & Hollywood | 105mins | £60  
Half Leg, Underarm & Bikini | 75mins | £50  
Full leg, Underarm & Bikini | 105mins | £60  
Half Leg, Underarm & Brazillian | 75mins | £60  
Full Leg, Underarm & Brazillian | 105mins | £65  
Half Leg, Underarm & Hollywood | 90mins | £65  
Full Leg, Underarm & Hollywood | 120mins | £70

# PACKAGES

## **YOU LOOK LEAFLY | 75 minutes | £59**

Get yourself holiday ready with this Ultimate Wax Holiday package. This includes a half leg wax, underarm wax, bikini and eyebrow wax.

## **BELEAF IN YOU HOLIDAY PACKAGE | £125**

\*Full Leg Wax

\*Bikini Wax

\*Eye Trio (Eyebrow wax, tint & Eyelash tint)\*\*\*

\*Maintenance Manicure

\*Tidy Toes Pedicure

(Option for Gel Polish or Infinite Shine Polish)

\*\*\*patch test required



# BRIDAL PACKAGES



## **BRIDAL PACKAGE £115**

Intensive Moisture Luxury Manicure  
Intensive Moisture Luxury Pedicure  
(Option for Gel Polish or Infinite Shine Polish)  
Eye Trio (Eyebrow wax & tint, Eyelash tint)\*\*\*

## **PRE WEDDING PACKAGE £99**

Pure relaxation before your big day!  
Full Body massage  
Magical Moisture Drench Facial  
Scalp massage

## **OPTIONAL**

Classic Eyelash Extensions an additional £45  
(must be booked separately)



\*\*\* Must be patch tested for all extensions and tinting services at least 48 hours prior to treatment\*\*\*

## PACKAGES

### **ENCHANTED HIDEAWAY | 45 minutes | £45**

Enjoy a luxurious neck and shoulder massage and scalp massage leading to a therapeutic back massage. Included in this treatment is some sound therapy using our glass singing bowl and chimes at the beginning and end of the treatment. You will have a taste of enchanted paradise as you're transported into a calm haven of peace and relaxation.

### **BELEAF IN TOMORROW | 60 minutes | £65**

This is a 30 minute Mini Moo facial combined with a 30 minute therapeutic back massage. This treatment will leave you feeling like you're floating on the breeze.

### **NATURE NURTURE | 90 minutes | £75**

This is a 60 minute Magical Moisture Drench Facial combined with a 30 minute therapeutic back massage. Nurture your soul and indulge yourself with this beautiful treatment that will leave you fresh faced and stress free.

### **SECRET GARDEN SPA ESCAPE | 120 minutes | £90**

Full body exfoliation with a body brush, full body massage combined with a 60 minute Magical Moisture Drench facial. Escape life for 120 minutes of pure relaxation and let all your senses reconnect with this whole body treatment. . Feel totally renewed and pampered from head to toe.



*"To plant a garden is to believe in tomorrow" Audrey Hepburn*

## MEN'S TREATMENTS



Your Well Being is the most important thing

# FACE

£ 4

Lash Lift 0

Brow shaping £ 1 4

Brow tinting £ 1 2

Brow wax and tint £ 2 2

## FACIAL

### MooGoo Facial For Him 45 minutes £46

Using the very popular MooGoo range this facial will give your skin a boost with a double deep cleanse with hot steamed towels and then a gentle exfoliating treatment with salicylic acid enzymes to help give the skin a renewed radiance.

### Deep Cleanse and Hydrate Facial 60 mins £52

This facial incorporates deep cleansing, exfoliation, gentle skin buffing, neck and shoulder massage and a deeply relaxing head massage. We will then apply products, tailored to your needs, to leave your skin looking and feeling refreshed and ready to face the world.



**Feel your best**



Feel good

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# LUXURY

## MUSCLE RELEASE

45 Minutes £45

High performance energiser leaving you ready to take on the world.

Starting with an invigorating body brush followed by a muscle releasing massage to give you your power back!

## MEN'S MOT

60 Minutes £60

Grab 60 minutes out of your day for a head to toe MOT and leave feeling ready for action!

This powerful treatment includes a Foot soak, foot scrub, leg massage, head and back massage



# NAILS

## MANICURE

### Tidy and Clean Manicure

**45 minutes £34**

Nail reshape, cuticle care and buff

### Refresh and invigorate Manicure

**60 Minutes £42**

Nail file, cuticle care, nourishing heated mitts and finished with a nail strengthener or a simple buff

## PEDICURE

### Tidy and Clean Pedicure

**45 minutes £34**

Foot soak, hard skin removal, nail file, cuticle care and buff

### Refresh and Invigorate Pedicure

**60 Minutes £42**

Foot soak with scrub, hard skin removal, nail file, cuticle care heated boots and Massage

# WAXING

CHEST	£30
BACK	£30
ARMS	£25
ARMPITS	£15



**Self Care is the best care**



## BOOKING CONTRACT

On booking an appointment here at The Water's Edge Beauty Therapy Ltd you will agree to providing us with notice of 48 hours for any changes or cancellations to your appointment even if you have an unexpected illness or life event.

If 48 hours notice are given, we will happily reschedule your appointment. If you are cancelling an appointment with 48hrs notice and have made a prepayment for your appointment, we can move the payment to your new appointment time or put the credit on your account for next time you book. Or you can use the balance to purchase products.

**We do not issue refunds.**

If you need to contact us on a Sunday to cancel or rearrange your appointment, please email or text us.

If no notice is given, then we will make a charge for the full treatment cost and reserve the right to ask for a deposit or full payment on booking for any future appointments.

Thank you for your cooperation, these small things do help small businesses grow!