



BEAUTY TREATMENT PRICE LIST

ASHMIRA BOTANICA SPA RITUALS

Our Ashmira Botanica Spa Rituals are based on the Chinese Ancient methodology of the 5 Element theory to create wellbeing and a healthy balance between mind, body and spirit. Good health is known to require harmony between each of the Five Elements: Earth, Metal, Wood, Fire and Water.

When one of those elements is out of balance it can effect the way you look and feel.

Using your own personal biorhythm our therapists will determine which elemental products are best for your treatment and then use the purest natural ingredients to soothe away your anxiety and leave you feeling more energised, rejuvenated and alive.





PURE ALCHEMY

Youth Boosting Facial incorporating all 5 Elements, back exfoliation, acupressure and meridian massage

90 minutes | £85

120 minutes | £110 includes foot soak and cacao drink

Unwind with this luxurious facial and meridian and acupressure massage which helps to stimulate and balance your emotions. Our lymphatic drainage massage and crystal rollers help to remove toxins and leave your skin radiant and glowing.

HEAVENS FLOWER

Five Elements Facial | 60 minutes | £70

45 minutes | £55

Your skin will be deeply cleansed and exfoliated to help instantly brighten your appearance. Our lymphatic drainage and acupressure massage will help to deeply relax you, followed by one of our Five Elements masks, cream and elixir chosen especially for you.

INNER BLISS

Meridian Body Massage with Full Body Exfoliation, foot soak and cacao drink | 90 minutes | £95

Your journey will begin with a foot soak and cup of Cacao to drink. You will then be exfoliated with a blend of rice powder and aloe to remove dead skin cells and leave your skin smooth, soft and renewed. Finishing the treatment with a meridian body massage.

INNER ZEN

Meridian Body Massage | 60 minutes | £75

Evolve feeling positive and energised from this full body massage which helps balance mind, body and spirit. Experience our sound bowl and chimes whilst absorbing beautiful essential oils to deeply relax you.



FACIALS

Mini Moo Facial | 45 minutes | £50

Using the very popular Moo Goo product range, this facial will give your skin a boost with a double deep cleanse with hot steamed towels and then a gentle exfoliating treatment with salicylic acid enzymes to help give the skin a renewed radiance.

Magical Moisture Drench Facial | 60 minutes | £55

This therapy incorporates deep cleansing , gentle skin buffing, a luxurious and decadent facial and neck and shoulder massage, a deeply relaxing head massage and then your skin will be nourished and layered with skin treatments to revitalise and nourish the skin. We will use hot steamed towels throughout and you will be warmed on our heated couch . Just the perfect facial and head therapy for ultimate peace and immediate skin replenishment. 60 minutes of pure heaven.



SKINBASE MICRODERMABRASION

Get the skin you want! Microdermabrasion is a system of intense exfoliation and resurfacing using ultra fine crystals that rejuvenate the skin. This treatment is especially great for: ageing skin, stretch marks, acne, acne scars, pigmentation, blemishes, dull/dry skin, fine lines and wrinkles, open pores, blackheads and uneven skin tone.

The Facial 30 minutes £52

Course of 3 Facial treatments £140

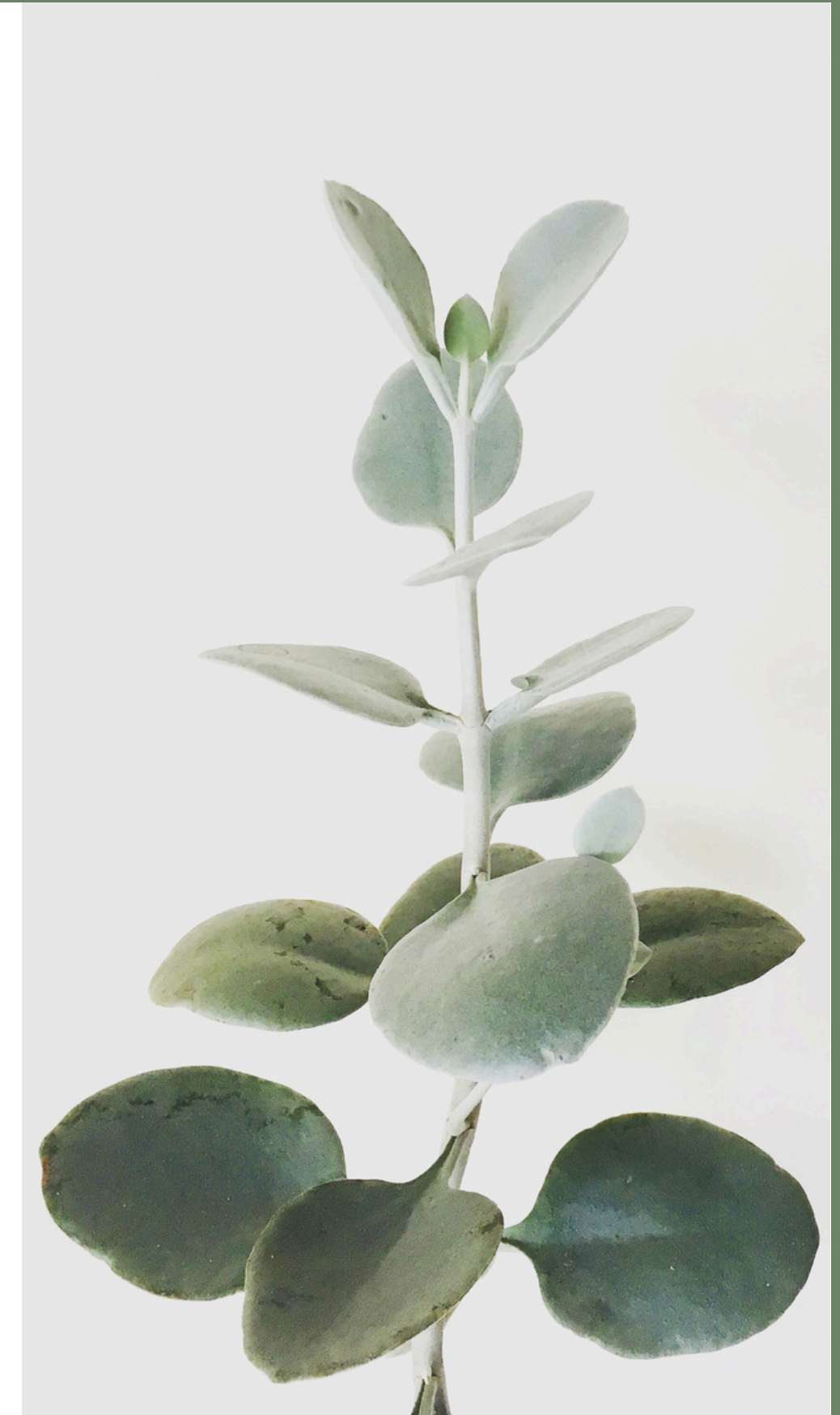
Course of 6 Facial treatments £265

The Deluxe Facial 60 minutes £67

Course of 3 Deluxe Facial treatments £180

Course of 6 Deluxe Facial treatments £340

Patch tests required for Microdermabrasion if you have not had this treatment with us within the last 6 months



LED LIGHT THERAPY FACIAL

Light Therapy is NASA inspired technology that has been adapted by the skincare community. It's a process that exposes the skin to Red, Blue, Green, Cyan, Yellow, White and Purple LED light which each have various specific skincare benefits. The benefits go well beneath the skin's surface. In fact, LED light treatments have been recognized for their mental health benefits too. Dramatically improving mood, lifting spirits and reducing stress levels.

LED Light Therapy Sleep session 30mins from £30

LED Light Therapy Session with Holistic Massage 30mins from £35

LED Light Therapy with heated hand mitts and booties with nourishing hand/foot mask and massage from 40mins £40

LED Light Therapy & Pedicure Combination from 75mins £60

LED Light Therapy & Microdermabrasion Combination Facial from 75mins £75

LED Light Therapy Session Add On from 30mins £25



MASSAGE

Therapeutic Massage

Our therapeutic massage is a Swedish style massage and can be tailored towards your needs using either a light or firm pressure, concentrating on a particular area if that needs focussing on or just general relaxation.

30 minutes | £37

45 minutes | £50

60 minutes | £65

Pregnancy Massage

This is a fully supportive treatment and a gentle pressure is applied throughout so it is safe for Mum and Baby with our fully qualified Pregnancy Massage Therapist.

Mini Moo Back Massage | 30 minutes | £45

Mini Moo and Me Full Body Massage | 60 minutes | £65 Beautiful Baby Moo

Full Body Massage & Magical Moisture Drench Facial | 120 minutes | £100

Hot Stone Massage

The stones are warmed to a temperature to ensure your tension melts away. They are smoothed over the body with varying pressures and techniques to soothe away all of your aches and pains. This treatment is incredibly warming and the effects carry on even after the treatment.

30 minutes | £43

45 minutes | £54

60 minutes | £63



NAILS

Maintenance Manicure | 30 minutes | £30

Nail file and finish

Tidy Fingers Manicure | 45 minutes | £35

Nail reshape, cuticle care and finish

Intensive Moisture Luxury Manicure | 60 minutes | from £45

Nail file, cuticle care, nourishing heated mitts, massage and finish

BIAB , Hard Gel Over | £40 | 105mins

Strengthening overlay with a gel polish or powder colour finish for enhanced up to 4 week wear and stunning high gloss smooth finish

Full Set of Sculpted Nail Extensions | 120mins | £46

Tidy Toes Pedicure | 45 minutes | £38

Foot soak, hard skin removal, nail reshape file, cuticle care, massage and finish

Intensive Moisture Luxury Pedicure | 60 minutes | from £45

Foot soak, hard skin removal, nail file, cuticle care, nourishing heated booties, massage and finish

Gel polish removal | 30 minutes | £15



**Option to have OPI Gel colour or
OPI Infinite Shine Regular polish**



EYE TREATMENTS

Eyebrow tidy | 15 minutes | £16

Eyebrow Reshape | 30 minutes | £19

Eyebrow tint | 15 minutes | £13

Eyebrow stain | 15 minutes | £18

Eyebrow wax and tint | 30 minutes | £26

Eyebrow wax and stain | 30 minutes | £28

Eyelash tint | 15 minutes | £22

Eye Trio(Eyebrow wax, tint & Eyelash tint) | 45 minutes | £39

Eyelash Lift & Tint | 45 minutes | £48

Classic Lash Extensions | 90 minutes | £55

Classic Eyelash infills | 60 minutes | £35

Hybrid Eyelash Extensions | 120 minutes | £79

Hybrid Eyelash infills | 120 minutes | £49

Russian Volume Eyelash Extensions | 120 minutes | £79

Russian Volume Eyelash infills | 120 minutes | £49

Patch tests required for Tinting, Staining, Eyelash Extensions and Lash, Lift & Tint if you have not had these treatments with us within the last 6 months

WAXING

Half Leg Wax | 30 minutes | £29
3/4 Leg Wax | 45 minutes | £32
Full Leg Wax | 60 minutes | £36
Bikini Wax | 30 minutes | £22
Brazillian | 30 minutes | £29
Hollywood (1st) | 60 minutes | £45
Regular Hollywood | 45 minutes | £39
Underarm | 15 minutes | £19
Eyebrow tidy | 15 minutes | £16
Eyebrow Reshape | 30 minutes | £19
Lip | 15 minutes | £12
Chin | 15 minutes | £12
Lip & Chin | 30 minutes | £22
Back | 30 minutes | from £35



WAXING PACKAGES

Lip & Chin | 30mins | £22
Lip, Chin & Eyebrows | 45mins | £32
Half Leg & Bikini | 60mins | £41
Full leg & Bikini | 90mins | £50
Half Leg & Brazillian | 60mins | £48
Full Leg & Brazillian | 90mins | £57
Half Leg & Hollywood | 75mins | £58
Full Leg & Hollywood | 105mins | £67
Half Leg, Underarm & Bikini | 75mins | £60
Full leg, Underarm & Bikini | 105mins | £68
Half Leg, Underarm & Brazillian | 75mins | £67
Full Leg, Underarm & Brazillian | 105mins | £76
Half Leg, Underarm & Hollywood | 90mins | £77
Full Leg, Underarm & Hollywood | 120mins | £86

PACKAGES

**BELEAF IN YOU HOLIDAY PACKAGE | Luxury Holiday Package |
180 mins | £145**

*Full Leg Wax

*Bikini Wax

*Eye Trio (Eyebrow wax, tint & Eyelash tint)***

*Maintenance Manicure

*Tidy Toes Pedicure

(Option for Gel Polish or Infinite Shine Polish)

***patch test required





BRIDAL PACKAGES

BRIDAL PACKAGE £120

Intensive Moisture Luxury Manicure
Intensive Moisture Luxury Pedicure
Eye Trio (Eyebrow wax & tint, Eyelash tint)***

PRE WEDDING PACKAGE from £110

Pure relaxation before your big day!
Full Body massage
Magical Moisture Drench Facial
Scalp massage

OPTIONAL

Classic Eyelash Extensions an additional £55
(must be booked separately)



*** Must be patch tested for all extensions and tinting services at least 48 hours prior to treatment***

PACKAGES

ENCHANTED HIDEAWAY | 45 minutes | £50

Enjoy a luxurious neck and shoulder massage and scalp massage leading to a therapeutic back massage. Included in this treatment is some sound therapy using our glass singing bowl and chimes at the beginning and end of the treatment. You will have a taste of enchanted paradise as you're transported into a calm haven of peace and relaxation.

BELEAF IN TOMORROW | 60 minutes | £70

This is a 30 minute Mini Moo facial combined with a 30 minute therapeutic back massage. This treatment will leave you feeling like you're floating on the breeze.

NATURE NURTURE | 90 minutes | £85

This is a 60 minute Magical Moisture Drench Facial combined with a 30 minute therapeutic back massage. Nurture your soul and indulge yourself with this beautiful treatment that will leave you fresh faced and stress free.

SECRET GARDEN SPA ESCAPE | 120 minutes | £110

Full body exfoliation with a body brush, full body massage combined with a 60 minute Magical Moisture Drench facial. Escape life for 120 minutes of pure relaxation and let all your senses reconnect with this whole body treatment. . Feel totally renewed and pampered from head to toe.



"To plant a garden is to believe in tomorrow" Audrey Hepburn

MEN'S TREATMENTS



Your Well Being is the most important thing

FACE

Lash Lift	from £ 46
Brow shaping	£ 19
Brow tinting	£ 13
Brow wax and tint	£ 26

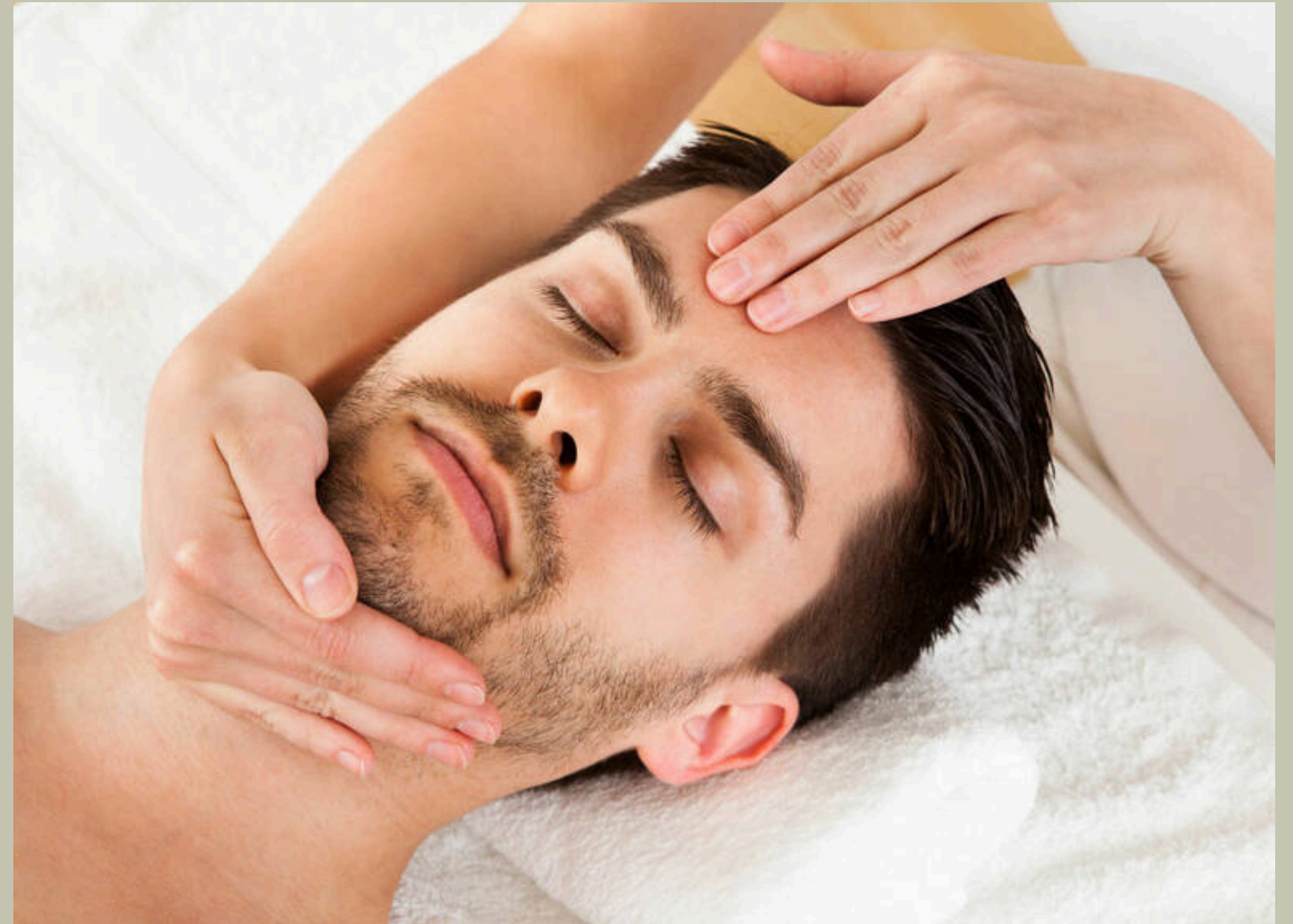
FACIAL

MooGoo Facial For Him 45 minutes £50

Using the very popular MooGoo range this facial will give your skin a boost with a double deep cleanse with hot steamed towels and then a gentle exfoliating treatment with salicylic acid enzymes to help give the skin a renewed radiance.

Deep Cleanse and Hydrate Facial 60 mins £55

This facial incorporates deep cleansing, exfoliation, gentle skin buffing, neck and shoulder massage and a deeply relaxing head massage. We will then apply products, tailored to your needs, to leave your skin looking and feeling refreshed and ready to face the world.



Feel your best

LUXURY

MUSCLE RELEASE

45 Minutes from £46

High performance energiser leaving you ready to take on the world.

Starting with an invigorating body brush followed by a muscle releasing massage to give you your power back!

MEN'S MOT

60 Minutes from £62

Grab 60 minutes out of your day for a head to toe MOT and leave feeling ready for action!

This powerful treatment includes a Foot soak, foot scrub, leg massage, head and back massage



Feel good



NAILS

MANICURE

Tidy and Clean Manicure

45 minutes £38

Nail reshape, cuticle care and buff

Refresh and invigorate Manicure

60 Minutes from £45

Nail file, cuticle care, nourishing heated mitts and finished with a nail strengthener or a simple buff

PEDICURE

Tidy and Clean Pedicure

45 minutes £38

Foot soak, hard skin removal, nail file, cuticle care and buff

Refresh and Invigorate Pedicure

60 Minutes £45

Foot soak with scrub, hard skin removal, nail file, cuticle care heated boots and Massage

WAXING

CHEST	£35
BACK	£35
CHEST & BACK	£55
ARMS	£30
ARMPITS	£19



Self Care is the best care



BOOKING CONTRACT

On booking an appointment here at The Water's Edge Beauty Therapy Ltd you will agree to providing us with notice of 48 hours for any changes or cancellations to your appointment even if you have an unexpected illness or life event.

If 48 hours notice are given, we will happily reschedule your appointment.

If you are cancelling an appointment with 48hrs notice and have made a prepayment for your appointment, we can move the payment to your new appointment time or put the credit on your account for next time you book.

Or you can use the balance to purchase products.

If no notice is given, then we will make a charge for the full treatment cost and reserve the right to ask for a deposit or full payment on booking for any future appointments.

We do not issue refunds.

We do not treat under 16 year olds.

Under 18 year olds will need a signed consent form from a parent or guardian prior to treatment.

If it has been less than 12 months since active cancer treatment we will require a Doctor's note to confirm it is safe for us to proceed with your chosen treatment with us.

If you need to contact us on a Sunday to cancel or rearrange your appointment, please email or text us.

Thank you for your cooperation, these small things do help small businesses grow!